## Sign up instructions for GWDRC YOUTH USATF CLUB

1) Sign up for USATF - Fee \$20.00 fee (1 year membership), submit # on registration

page

2) Sign GWDRC Authorization Waiver pdf on registration page, bring to first practice!

3) Fill out online registration form

4) Pay Fee for 1, 2 or race only (\$30, \$60 or \$20 fee via paypal or check – Payable to GWDRC

Sign up instructions for USATF membership:

1) Go to <u>https://www.usatf.org/membership/application/index.asp</u> 2) Click on Products and Services and in the drop down menu select individual memberships. Click on Individual Memberships and become a member of Youth USATF. 3) Make sure you choose the Greater Williamsburg Distance Running Clubfor your local association membership. Our Club number is 12-8027.

Questions or need help email: Mark Tompkins at MarkTompkins1@gmail.com or call 757

784-2281

T-shirts for club are \$10.00 each